



Indoor Gardening Curriculum Sample 2.25 day Workshop

Friday

Time	Activity	Person Leading
6:00pm	Welcome and Introductions	
6:10 -6:30pm	Introductions and Weekend Schedule Overview	
6:30– 7:00pm	Overview of Indoor Gardening Curriculum	
7:00 –8:45pm	Indoor Soil Growing options: Seed and Seed Starting, Light Tables, Soil Types, Plant Growth Intro Activities	
8:45-9:00pm	Wrap Up and Reflection, review of next day	

Saturday

9:00am	Morning Check In - Welcome	
9:15-9:45am	Hydroponic Systems Overview and Power Point	
9:45am-12:00pm	Review of Hydroponic Lessons, Hands-on Construction of Simple Passive Hydroponic System	
12:00-12:30pm	Working Lunch and Discussions	
12:30-1:30pm	NFT Hydroponic Systems – Gutter Systems	
1:30-3:00pm	Hydroponic and Aquaponic Systems- Hands-on Construction	
3:00 – 4:45pm	Vertical Bucket Tower Growing System- Hands-on Construction	
4:45	Wrap up and Reflection, Review of Next Day	

Sunday

9:00am	Morning Check In - Welcome	
9:15-10:15pm	Soil Development, Nutrients, and Diagnosing Plant Nutrient Deficiencies	
10:15-12:00pm	Composting and Food Waste	
12:00-1:00pm	Working Lunch and Discussions	
1:00-2:00pm	School Gardening Curriculum Connections	
2:00-3:30pm	Indoor Gardening Curriculum Round Table Activity Session and Discussion	
3:30 – 4:00	Wrap up and Next Steps Discussion	