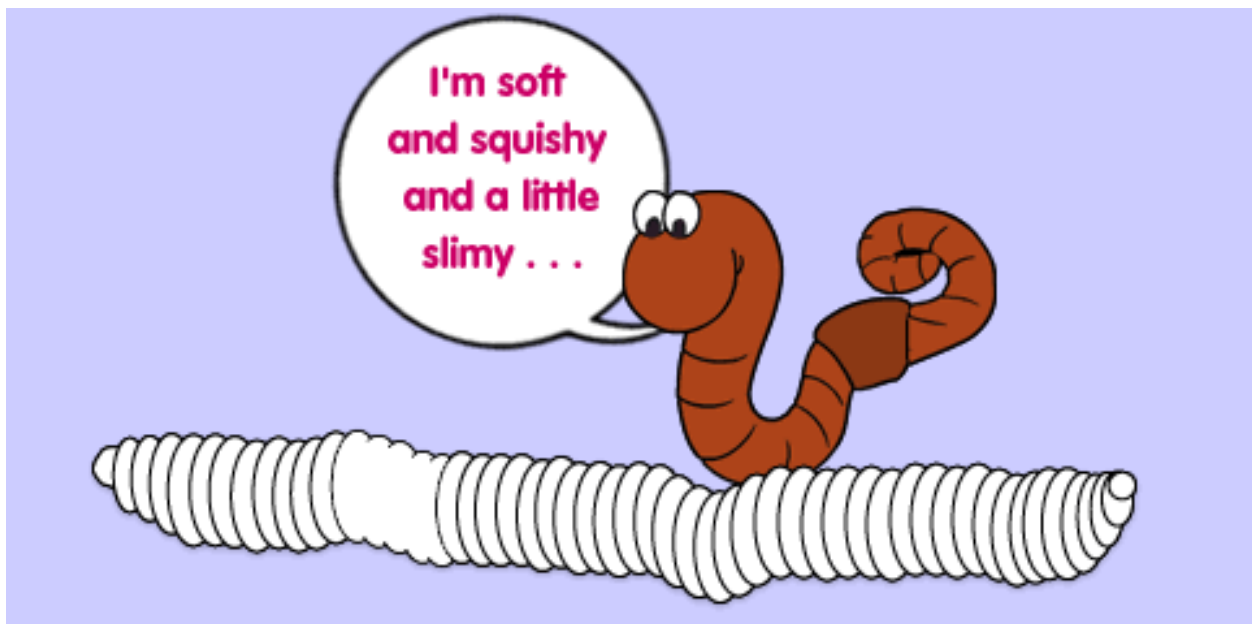
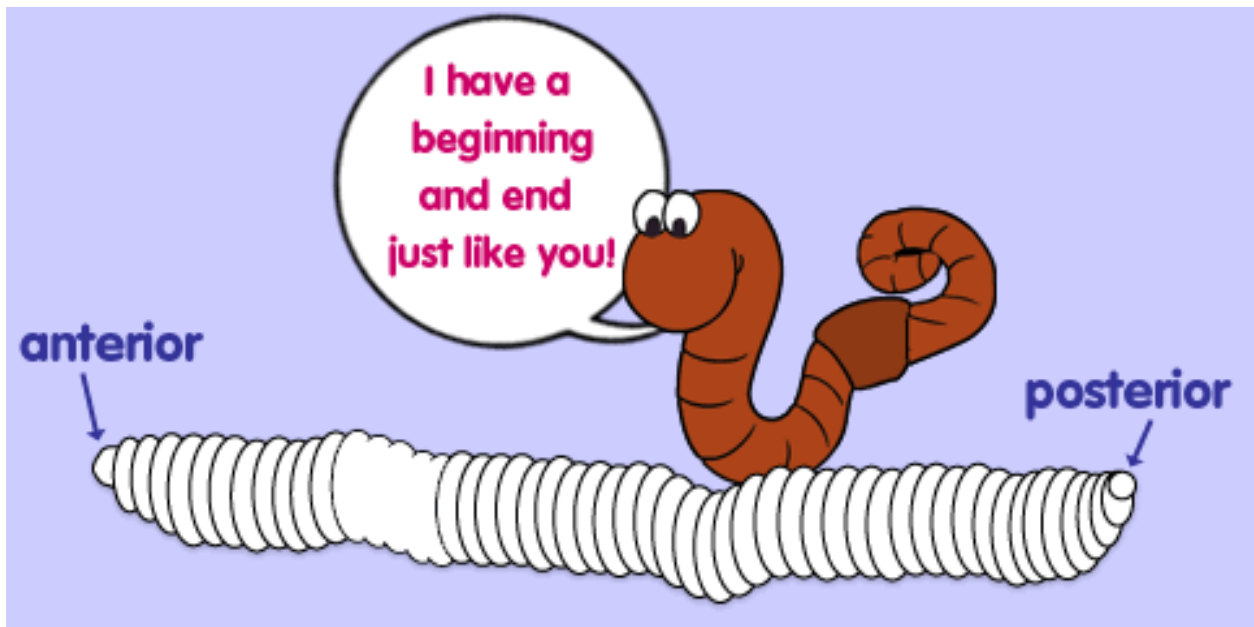




We can't live without worms! Look at what they do under the ground!



Worms need to stay damp or else they will die



The head end

The tail end

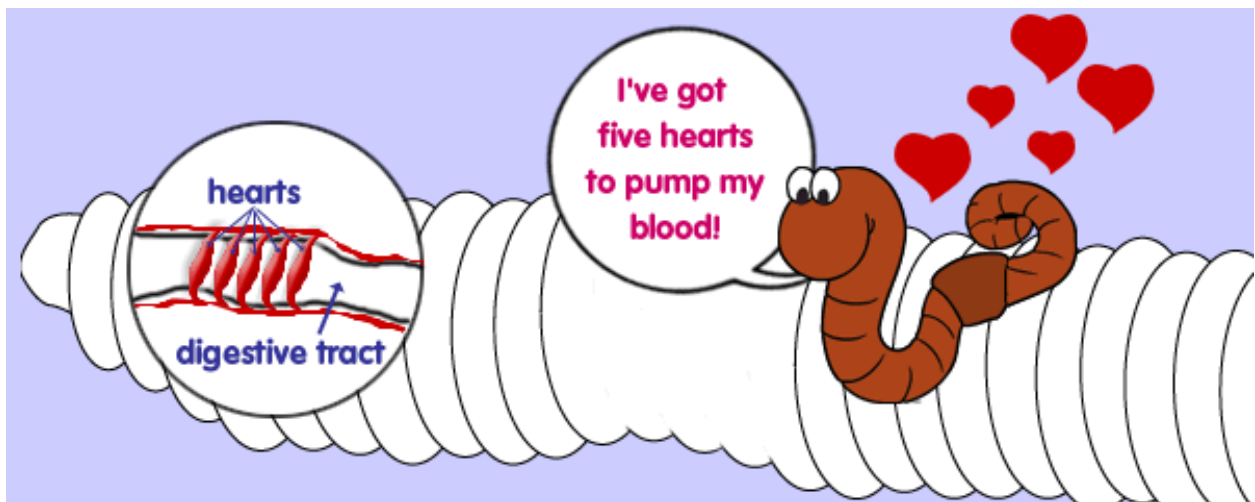


Air passes into the worm's blood through its skin



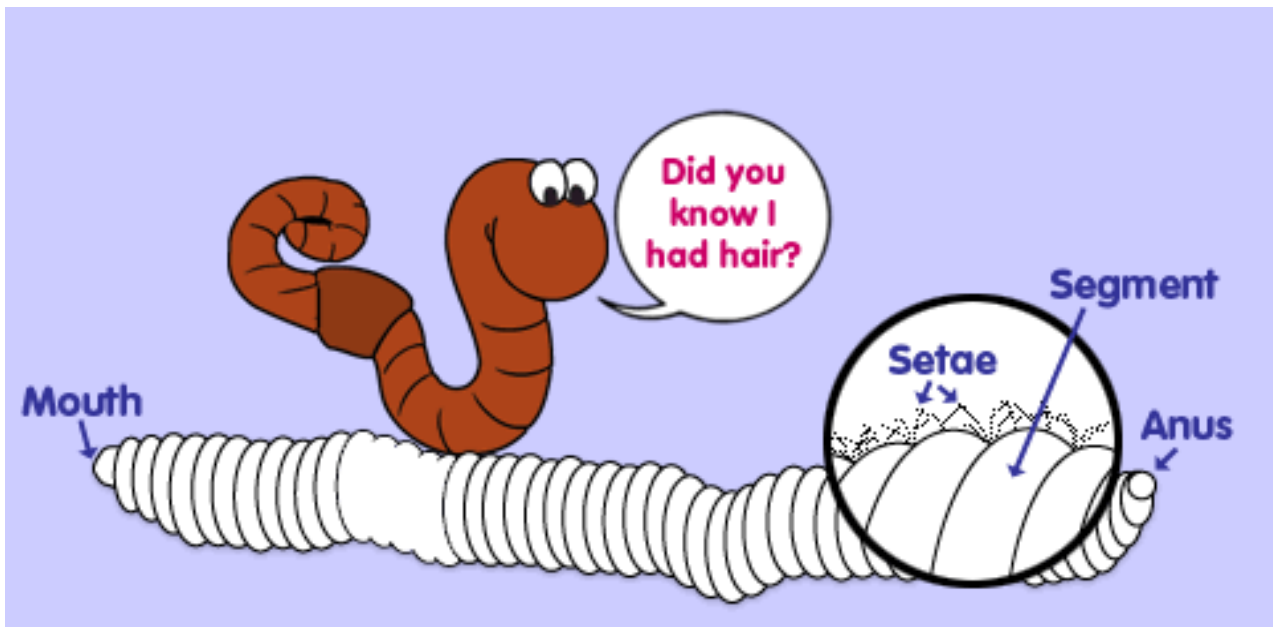
Worms have special tissues at the anterior end of their body that make them very sensitive to light. This helps prevent them from drying out.

Pg 5



That's a lot of love in those hearts!! All 5 of them!

Pg 7



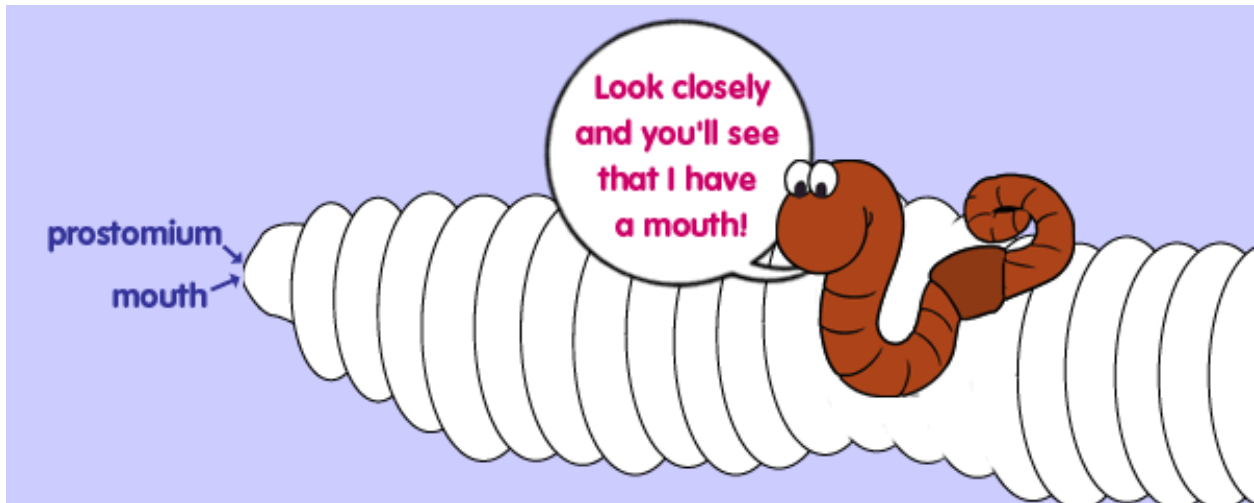
Bet you thought worms were bald!!! These hairs help the worm move and stop by gripping the surface!

Pg 6



Just like chickens and turkeys, worms have gizzards that help grind their food into tiny pieces that can be digested!

Pg 8



The prostomium is like an upper lip for the mouth! It helps keep stuff out!

Pg 9



Remember, if you take good care of your worms, your worms will take good care of you. How? They'll eat all the "garbage" you feed them, and they'll turn it into compost, which will help your plants and gardens grow healthy and strong. That'll produce good food for you!

Keep up the composting!

Pg 11



Now comes the part our worms like the best—FOOD! They spend most of my time eating and believe it or not, they LOVE vegetables, fruits and anything that was once a living plant.

I love potato peelings, carrots, lettuce, cabbage, celery, apple peelings, banana peels, orange rinds, and grapefruit. I also like cornmeal, oatmeal, crushed eggshells, coffee grounds with the filter, and tea bags

Don't forget to add egg shells. They help my gizzard grind my food!!

Pg 10



Brought to you by The Fairbanks Soil and Water Conservation District

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